

Creating Out Loud: Overview (Easy Read)





The University of Queensland (UQ) acknowledges the Traditional Owners and their custodianship of the lands on which we meet.



We pay our respects to their Ancestors and their descendants, who continue cultural and spiritual connections to Country.

We recognise their valuable contributions to Australian and global society.



Overview - Creating Out Loud



Creating Out Loud helps artists and arts workers help one another.

- They learn together.
- They set goals.

What is peer-coaching?



Creating Out Loud is a **peer-coaching** program.

Peer coaching means we help each other to do our jobs better.

What are peer-coaching circles?



Creating Out Loud groups are called circles.

- They meet regularly.
- They talk about their work in the Arts.
- They tell each other what they are learning.



Who should join a circle?



Artists

These can be painters, dancers, musicians, actors or anyone in the arts.

Art managers

These are people who help artists do their work.

How do circles meet?



When?

Some meet weekly.

Some meet every month.

You choose.

Where?







Some meet face to face.

Some meet online.

You choose.



How does Creating Out Loud work?



Creating Out Loud groups choose their own **facilitator**. The facilitator is the leader of the group.

- They keep everyone on track.
- Anyone in the group can be the facilitator.
- Creating Out Loud has discussion guides. These tell the facilitator what to do for each session.

What programs can we do?



Choose one of these.

1. Topic-based program

- Takes about 6 weeks
- Circles talk about things that matter to people in the Arts

2. Goal-focused program

- Takes as long as you like
- Circles talk about things that they want help with.



Topic-Based peer coaching



Communicating your value

Sustainability

Wellbeing

Business practices

Artistic practices

Goal-Focused peer coaching



Council Style

Each topic has a guide to help.

Start with these topics

- 1. Building Community
- 2. Working Agreements

Next do these topics

- 3. Communicating Value
- 4. Sustainability
- 5. Wellbeing
- 6. Business Practices
- 7. Artistic Practices

Each topic has a guide to help.

Start with these topics

- 1. Building Community
- 2. Working Agreements

Next do Council style.

Do this as often as the group wants.



What happens in each session?



Each session

- begins with "Being here"
- ends with "What next?"



Topic-based sessions have

- individual thinking time
- group discussion



Goal-focussed sessions have

a council discussion

Where can I access the program?



Get more information here.

https://creatingoutloud.business.uq.edu.au/

It is free!



Acknowledgements



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This Discussion Guide was prepared by Dr Kate Power, as part of the "Creating Out Loud" research project.

Dr Power acknowledges all First Nations peoples, particularly in the country in which this work was undertaken. On behalf of The University of Queensland, Dr Power pays respect to Elders past, present and emerging.

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The opinions in this Discussion Guide do not necessarily represent the views of The University of Queensland, funding / industry partners, or the individual members involved in the reference groups.

About Creating Out Loud

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This guide includes links to various web material. All links were working at the time of publication. Please note however that these links may become outdated over time.

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