



Creating Out Loud

Building Community

This Discussion Guide supports the second of two foundational sessions in the Creating Out Loud program. Use it in both the Topic-Based & Goal-Focused programs – as a stand-alone meeting or combined with the Working Agreement guide.

Purpose

This meeting has two purposes:

- to help you begin exploring your personal and/or professional goals, and
- to begin building relationships among circle members.

Agenda

Suggested Timing: 1 Hour

Activities:

1. Being Here (25 minutes)
 - Acknowledging Country (5 minutes)
 - Check-in (10 minutes)
 - Most Creative Person (10 minutes)
2. Individual Exercise (5 minutes)
 - Knowing Yourself
3. Group Discussion (25 minutes)
 - Building Relationships
4. What Next? (5 minutes)

TIP: Fee free to adjust the timing to suit the size of your circle and how much members want to share.

1. Being Here

Please acknowledge the Traditional Custodians of the lands on which you are meeting today.

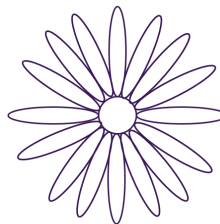
- If this is your first meeting, share your name and how you are currently involved in the arts and culture sector.
- If this is not your first meeting, tell your circle about the step(s) you took since your last meeting.

Share who is the most creative person you know – and why.

2. Individual Exercise

This “daisy model”^[1] exercise invites you to explore your own goals, and start building relationships with fellow circle members.

- Draw a small circle in the space provided in the Discussion Guide.
- In the centre of that circle, write a goal you would like to pursue, with the support of your peers. Don't worry if you don't have a specific goal. Just write your name in the circle.
- Draw several petals around the circle, making a daisy. In each petal, write one thing that led you to your specific goal, or that makes you who you are today.



3. Group Discussion

Tell your fellow circle members about your daisy. You don't need to show your drawing to anyone, or discuss anything that makes you feel uncomfortable.

TIP: Look for commonalities and points of common interest or concern across your circle.

4. What Next?

Name one step you plan take after this meeting.

Choosing a step now, writing it down, and telling your fellow circle members about it can help you make progress towards your goal(s).

Possible steps after this meeting include

- choosing a goal to work on in the coming weeks
- reflective journaling about your ‘daisy’
- sharing resources that might help circle members with their goal(s).

Where can I access the program?

All Creating Out Loud materials are free to download from the program website: <https://creatingoutloud.business.uq.edu.au/>

References

1. Parker, P., et al., *Peer Coaching at Work*. 2020: Stanford University Press.