



Creating Out Loud

Working Agreements & Building Community

This Discussion Guide combines the first two foundational sessions in the Creating Out Loud program. Use it in both the Goal-Focused program and when running the Topic-Based program over 6 sessions.

Purpose

Circle members will work together to lay the foundations for future conversations by:

- jointly developing a Working Agreement
- exploring goals and building relationships.

Agenda

Suggested Timing: 1 Hour

Activities:

1. Being Here (15 minutes)
 - Acknowledging Country (5 minutes)
 - Personal introductions 10 minutes)
2. Review (5 minutes)
 - Courageous Conversations
 - Working Agreements
3. Working Agreements (15 minutes)
 - Individual reflection (5 minutes)
 - Group discussion (10 minutes)
4. Daisy Model (20 minutes)
 - Individual reflection (5 minutes)
 - Group discussion (15 minutes)
5. What Next? (5 minutes)

1. Being Here

- Acknowledge the Traditional Custodians of the lands on which you are meeting.
- Share your name and current involvement in the arts & culture sector.

2.1. Courageous Conversations

Creating Out Loud invites you to have big, expansive, courageous conversations.

2.2. Working Agreements

Working agreements foster safety and promote learning by making explicit how circle members will interact with each other.

Working agreements should include both

- general expectations (e.g., maintaining confidentiality), and
- practical expectations (e.g., details about when, where, how often and for how long your circle will meet).

3. Working Agreements

Individual Reflection:

- Based on your past experiences with small groups, identify what you need to bring the best version of yourself to this circle.

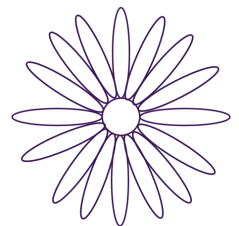
Group Discussion:

- Share your reflections, and listen to fellow circle members' experiences.
- Jointly create a Working Agreement for your circle, and make sure everyone has a copy of it.

4. Daisy Model

Individual Reflection:

- Draw a small circle in the space provided in the Discussion Guide.
- In the centre of that circle, write a goal you would like to pursue, with the support of your peers. If you don't have a goal, write your name in the circle.
- Draw several petals around the circle, making a daisy. In each petal, write one thing that led you to your specific goal, or that makes you who you are today.



Group Discussion:

- Tell your fellow circle members about your daisy. You don't need to show your drawing to anyone, or discuss anything that makes you feel uncomfortable.
- Look for commonalities across your circle.

5. What Next?

Name one step you plan take after this meeting. Possible steps include finding out more about the Traditional Custodians of the lands on which you work, choosing a goal, or sharing resources with circle members.

Where can I access the program?

All Creating Out Loud materials are free to download from the program website: <https://creatingoutloud.business.uq.edu.au/>