



Creating Out Loud - Overview

Creating Out Loud is a peer coaching opportunity, designed to help artists and arts workers expand their networks, rethink important issues and practices, and support one another through knowledge-sharing and goal-setting.

What is peer coaching?

Peer coaching involves people with similar levels of experience coming together to support one another's personal and/or professional goals, through open and trusting conversations.

What are peer coaching circles?

- Peer coaching circles are small groups of people who meet regularly to explore issues that concern them, and to share what they are learning with each other.
- Peer coaching circles rely on quality conversations, based on a desire to learn with and from one another.

How does Creating Out Loud work?

Creating Out Loud Discussion Guides support conversations of around one hour each.

Circles can choose to follow

- A 6 - 7 week Topic-Based program, which explores key topics affecting the arts and culture sector.
- A variable-length Goal-Focused program, where participants bring their own concerns to the group for input.

These programs can also be used in combination.

Topic-Based peer coaching

The Topic-Based program begins with two Circle-formation Discussion Guides, which can be completed over 1 or 2 sessions:

- Working Agreements for Courageous Conversations
- Building Community

These are followed by one session on each of the topics below.



Goal-Focused peer coaching

The Goal-Focused program also begins with Circle-formation sessions.

In subsequent sessions, circle members follow a 'Council style' approach to peer coaching.

At each meeting, every circle member has an opportunity to give and receive input on their concerns.

Who should join a circle?

Circle members might be

- Artists and/or arts managers working in a single company
- Working in similar positions at different organizations
- Independent artists and/or associated with more than one company.

When, where & how often do circles meet?

- Each circle decides when and how often to meet – as best suits its members.
- Weekly or monthly meetings of 1-2 hours are popular.
- Circles can meet in-person or online.

What happens in each session?

- All Creating Out Loud sessions begin and end with a "Being here" check-in and "What next?" check-out
- Topic-Based sessions include an Individual Reflection & Group Discussion
- Goal-focused sessions include a 'council'

Where can I access the program?

All Creating Out Loud materials are free to download from the program website:
<https://creatingoutloud.business.uq.edu.au/>